

# How to manage a case of a Premature Ejaculation with Homoeopathy?

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**Premature ejaculation (PE)** occurs when a man ejaculates sooner during sexual intercourse than he or his partner would like. It is a common sexual complaint.

As long as it happens infrequently, it's not cause for concern. However, premature ejaculation is diagnosed when:

1. Always or nearly always ejaculate within one minute of penetration
2. Are unable to delay ejaculation during intercourse all or nearly all of the time
3. Feel distressed and frustrated, and tend to avoid sexual intimacy as a result

## Types of PE

### **Lifelong Acquire (Primary) (Secondary)**

Lifelong premature ejaculation occurs  
Acquired premature ejaculation develops

all or nearly all of the time beginning  
after the man had previous sexual

with first sexual encounters problems.  
experiences without ejaculatory

## **Causes of**

## **PE**

### **Psychological Causes**

### **Biological Causes**

1. Early Sexual Experience
  1. Abnormal hormone levels
2. Sexual abuse
  2. Abnormal levels of
3. Poor body age
  - neurotransmitters
4. Depression
  3. Inflammation and infection

5. Worrying about premature ejaculation of the prostate or urethra
6. Guilty feeling that increase your tendency
4. Inherited traits

to rush through sexual encounters

## **Complications of**

## **PE**

### **Stress and relationship problems**

### **Fertility problems**

A common complication of premature

Premature ejaculation can occasionally

ejaculation is relationship stress.

make fertilization difficult for couples who are trying to have a baby if ejaculation doesn't occur intravaginally.

## **Indications of Homoeopathic Medicines:**

1. **Agnus castus:** No erections. Impotence. Parts cold, relaxed. Desire gone. Scanty emission without ejaculation. Loss of prostatic fluid on straining.

2. **Berberis Vulgaris:** Suppressed sexual desire; during coition too weak and too short thrill, ejection too soon; coldness and numb feeling in prepuce and glans; scrotum shrunken and cold, with pressure in testicles; too speedy ejaculation of semen, the desire is weak and soon passes away.
3. **Bufo rana:** Involuntary emissions; impotence, discharge too quick, spasms during coition.
4. **Caladium senguinum:** Erections when half-asleep; cease when fully awake. Impotency; relaxation of penis during excitement. No emission and no orgasm during embrace.
5. **Calcarea carbonica:** Frequent emissions. Increased desire. Semen emitted too soon. Coition followed by weakness and irritability.
6. **Carbo vegetabilis:** Seminal discharge too soon, during coitus, followed by roaring in head. Discharge of prostatic fluid, while straining at stool.



7. **Conium maculatum:** Premature senility; bad effects from suppressed sexual desire or from excessive indulgence; painful seminal emission instead of the normal pleasurable thrill; sexual desire without erection or with an insufficient one; pollutions, with subsequent excitement of the sexual desire, even when merely dallying with women; discharge of prostatic juice during every motion, without lascivious thoughts.
8. **Graphitis:** Sexual debility, with increased desire; aversion to coition; too early or no ejaculation. Emission of semen, almost involuntary, without erection. Absence of emission of semen during coition.
9. **Lycopodium clavatum:** No erectile power; impotence. Premature emission. Repugnance to coition, or disposition to be too easily excited to it. Impotence of long standing. Weakness or total absence of erections. Penis small, cold, relaxed. Excess of pollutions or absence of pollutions. Emission too speedy or too tardy during coition. Falling asleep during coition. Lassitude after coition or pollutions. Flow of prostatic fluid without an erection.

10. **Sulphur:** Involuntary emission of semen; too quick discharge of semen during coition; waning of sexual desire from overindulgence, with weakness of back and threatening paralysis; coldness of penis; testicles relaxed, hanging down; offensive sweat around genitals; faintness and flushes of heat; cold feet and heat on top of head; frequent involuntary emission of semen at night, exhausting him the next morning; seminal flow thin, watery, nearly inodorous, having lost all its peculiar properties; backache and weakness of limbs; low spirits, hypochondriasis.
11. **Selenium metallicum:** Dribbling of semen during sleep. Dribbling of prostatic fluid. Irritability after coitus. Loss of sexual power, with lascivious fancies. Increases desire, decreases ability. Semen thin, odorless. Sexual neurasthenia. On attempting coition, penis relaxes.
12. **Zincum metallicum:** Emissions with hypochondriasis. Strong sexual desire, with difficult or two speedy emission. Permanent erections at night. Emissions at night, without lascivious dreams. Easily excited; the emission during an embrace is difficult or almost impossible. Flow of prostatic fluid without any cause. Hands constantly on the genitals.

## References:

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3. A Dictionary of Practical Materia Medica by John Henry Clarke
4. Homoeopathic Therapuetics by Samuel Lilienthal

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